

November Entertainment

Boulder Times

November 7th
Dana and Luann
@ 1:15

November 13th
Verlyn Kling
@ 10:00

November 21st
Sermon in Song
@ 3:30

November 22nd
Guy and Guitar
@ 3:45

Thanksgiving Fun Facts



Q: Is turkey the real cause of feeling sleepy after a Thanksgiving Day meal?

A: Turkey does contain Tryptophan which could make us feel sleepy; however, sleepiness is likely caused by the over-consumption of alcohol and food, especially desserts.



Q: Is Thanksgiving the biggest drinking night of the year?

A: Yes, more alcohol is consumed on Thanksgiving than any other holiday of the year. So be careful on the roadways if you're traveling Thursday evening.



Q: Did the pilgrims officially declare Thanksgiving as a public holiday?

A: No, Abraham Lincoln declared Thanksgiving a public holiday in 1863.



Q: Why did the Pilgrims first celebrate Thanksgiving?

A: The feast they celebrated in 1621 in Plymouth was the result of a good harvest.

Approximately
46 million turkeys are
eaten on Thanksgiving
every year!

Historians believe the Pilgrims served wild game and vegetables, instead of turkey, at the first Thanksgiving.

The Macy's Thanksgiving Day parade began in 1924 with only 400 employees.

Pilgrim
means foreigner or
traveler from afar!

The state of
California consumes
the most turkey!

November

EMPLOYEE SPOTLIGHT

Debra Farrar

Debra is one of our outstanding Activities Assistants! Debra started working for Boulder Creek in July of 2018. She has really grown and stepped up into her role throughout her time at Boulder Creek, and does a wonderful job keeping our families connected to their loved ones. She is very creative and is always coming up with new ideas! We also love when she brings her dog, Zoey, with to work for snuggles! Thank You, Debra, for always putting our tenant's first and being a bright part of their lives every day!



Boulder Creek Reminders

The Holiday Season is coming up quickly! So just a few reminders as we look forward to celebrating the holidays with you.

1. If you would like to use the Boulder Creek Community Room for a family get together over the holidays, you must call Boulder Creek at 507-929-1234 to reserve the room. Dates are already filling up fast, so don't wait to reserve your spot!
2. If you would like to eat with your family member on Thanksgiving Day or Christmas Day, and plan to eat a Boulder Creek meal, you must call dining services at least 1 week prior to reserve your meal. **507-537-2415**

A note from Boulder Creek's Case manager...

Hello Boulder Creek families!

Humidifiers: It's getting to be that time of year again where the air inside our homes gets very dry. If you are considering a humidifier for your loved one here at Boulder Creek, please make sure they are the **cool air type** and that they **have a filter** (otherwise everything ends up with a white film on it). If you have already brought a humidifier in, **please be sure to check that it is working properly** (they do tend to need a good cleaning each year). It is important that you let us know if your loved one has a humidifier so we can add a service for the aides to fill it as needed. Please let myself or the charge nurses know if you have any questions. Thank you!

Razors: We would strongly encourage you to consider if your loved one should have an electric razor. It's an easy and safe way to remove those little facial 'whiskers' that seem to pop up. Please ask if you have any questions or concerns regarding this request. We want to make sure our tenants are feeling and looking their best!

Thanks 😊

Kristi Matzner, RN Case Manager

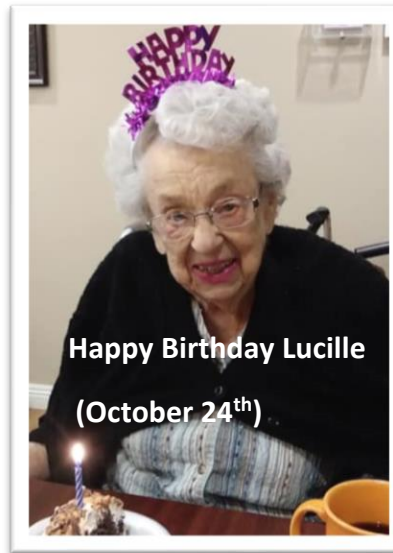
November



November Celebrations we're looking forward too!

Gladys' Birthday – November 19th

Joe's Birthday – November 30th



Happy Boulder Creek Anniversary!

November

- Jane Nelson-Como (4 years)
- Karin Radke (1 year)
- Crista Schultze (3 years)

December

- Desiree Petrich (2 years)
- Ashley Reynaga (2 years)
- Nancy Vigil (2 years)

January

- Shirley Przbys (5 years)
- Noemi Phathaem (1 year)

We had 213 Trick-or-Treaters come through our doors this year on Halloween!! Every single tenant ran out of candy! It was so much fun to see all of the kids dressed up in their costumes. We can't wait to do it again next year!



November

*There are always too many
good pictures to choose from!*

Visit our Facebook Page

Boulder Creek – Marshall MN
for more pictures!



Thankful

